

THE FACTORY-4425 North Thanksgiving Way, Lehi- GROUP EXERCISE SCHEDULE - Winter 2011

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	<b>R.I.P.P.E.D.™</b> Tasha	<b>ZUMBA®</b> Margaret	<b>CORE X-TRAINING</b> Kassie	<b>TURBO KICK®</b> Tina	<b>R.I.P.P.E.D.™</b> Tasha	<b>8:00 AM TURBO KICK®</b> Kristi/Tina
7:00 PM		<b>TURBO KICK®</b> Katie		<b>HIP HOP HUSTLE™</b> Heidi	Classes held at <b>THE FACTORY</b> are <b>FREE</b> with you Legacy Center Membership!!	



